



# Dr. Shroff's Charity Eye Hospital

Delhi | Alwar | Lakhimpur Khiri | Meerut | Ranikhet | Saharanpur | Vrindavan

www.sceh.net

Newsletter Issue: 18

## WORLD SIGHT DAY



**W**orld Sight Day (WSD) is observed every year around the globe on the second Thursday of October. This year, the World Sight Day was celebrated on 13 October 2022, which was coordinated by International Agency for the Prevention of Blindness (IAPB).



The theme for the year was **"Love Your Eyes"**. Eye health impacts education, employment, quality of life, poverty and many other Sustainable Development Goals. Our organization with the help from our supporters, came out together

to encourage the government, corporations, other institutions and individuals to actively call for universal access to eye health.

In order to raise awareness, SCEH observed this day across its network with various activities on eye care.

The awareness activities were as follows:

- ✔ 50 Health Talks around eye care in various communities
- ✔ Free screening of 100K eyes of children and 100K eyes of adults in 30 days preceding WSD
- ✔ Fun activities like drawing competitions
- ✔ Free OPD services in all our 53 vision centers for patients aged 50 year and above
- ✔ Training of ASHA & Anganwadi workers
- ✔ Inauguration of two new vision centers at (Madangiri & Sangam Vihar)

Also, the Delhi center organized a small event within its campus. The event witnessed the presence of doctors along with other officials from the hospital. Dr. Umang Mathur, ED, SCEH addressed everyone; spoke about some important aspects on eye care and the importance of **World Sight Day**. Certificates were distributed to young AOP women who participated in the drawing competition for WSD.

# Inaugurating two new Vision Centers

On World Sight Day, SCEH spread its reach farther, by inaugurating two new vision centers – **Madangiri Netra Jach & Sangam Vihar Netra Jach Kendra in South Delhi funded by Standard Chartered Bank**. Vision Center's (VC) are the first point-of-contact for many patients due to their accessibility especially in communities where awareness related to eye problems is less.



The VC's follows the concept of the **3 R's (Recognition, Refraction & Referral)**, conducts various community activities to spread awareness and encourages people get their eyes checked. A vision center has a co-ordinator, a vision technician (VT) and a community health worker.

## Collaboration for Eye Care Education

On 28th October 2022, **SriKiran Institute of Ophthalmology** signed an MoU with **Standard Chartered- Shroff's Eye Care Education Academy** for providing technical assistance in setting up "Chandrasekhar Sankurathri Global Academy of Ophthalmology (CS-GAO)."

This is an initiative by the foundation's **CEO Mr. Rajesh Kamireddi** to establish an integrated eye-care education academy. One of its primary objectives would be to serve as a resource for the global eye-care community through sharing of research, tools and ideas to align competencies and maximize resources.



**Dr. Siva Ramakrishna** - Medical Education Director, CS-GAO & **Dr. Umang Mathur** - Chairperson, Standard Chartered- Shroff's Eye Care Education Academy in the presence of **Dr. Gopalakrishna Aggarwal** - National Spokesperson, BJP, & **Ms. Karuna Bhatia** - Head, Sustainability, Standard Chartered Bank, signed the MoU.

Such initiatives help build new resources for the eye-care industry in India and bring better reach to society.



# ODP: Increasing Productivity through **SMART** Goals

In 2021 **Organization Development Program (ODP)** was planned and delivered by Mr Arun Acharya and sponsored by the **SEVA Foundation**. These sessions were attended by 16 Managers from different fields within our organization, with the overarching aim to learn tools that help increase productivity in a structured and planned manner.



Mr. Parvindra Kumar, Mr. Ashok K. Singh, Sis. Alice John, Mr. Roop Lal, Mr. Birendra P Singh, Mr. Charan Massey, Mr. Harish C Joshi, Mr. Zeeshan A Siddiqui, Mr. Naval Chauhan, Mr. Satyapal Singh, Mr. Dilavar Rawat, Mr. Surinder Dixit, Ms. Kalpana Gupta, Mr. Brajesh Kumar, Mr. Saptarshi Mukherjee, and Mr. Deepak Tripathi, underwent five modules focusing on Communication, Quality, Planning and Prioritization, Implementation, as well Analytical skills. Learning was through an interactive series of activities, discussion, introspection, and mentoring, encouraging a holistic approach for creating and implementing systematic structures for efficient collaborative work.

The eight weeks long program expected four hours per week of engagement by the participants, thus not redacting their presence from their regular work roles, and focused its communication through SMART (Specific, Measurable, Achievable, Relevant and Time-Bound) goals. Employee development is integral to the fabric of SCEH, both in terms of on-the-job learning and upskilling of employees but also as a means to build on the existing knowledge and practices to upgrade the work environment.

*We thank the Seva Foundation for their continued support in our zeal for employee growth.*

Written by Ms. Ishaana Sood. Input by Mr Gaurav Kumar Garg, Mr. Birendra P. Singh and Mr. Harish Kumar  
Edited by Dr. Shalinder Sabherwal

## Training of AOP women at **Ranikhet Centre**

*"Women are the largest untapped reservoir of talent in the world"*

*— Hilary Clinton*

Allied Ophthalmic Paramedics (AOP) women are the backbone of the SCEH work force. They are a part of every department all over SCEH. The AOP program in **Ranikhet** was launched in **October 2022** by **Brig. Dr. Arvind Lal** in presence of all trust members of **Haidakhan society**. The training will be done in-house at the Ranikhet center. Through this program, we shall be able to give employment opportunities to many women in their local area. Along with that, the training would also help create a workforce for the hospital.



# Saharanpur Hostels for AOP

A new hostel for the young AOP women was inaugurated at Rampur Maniharan, which is located 10 - 11 km from the Saharanpur center, on 7th October 2022. The hostel will be able to accommodate about 30 women. The hostel was inaugurated by Dr. Parul Dutta and the team present were Dr. Ashish Jha, Mr. Harish, Mr. Vivek Rana, Ms. Yogita Rawat, Mr. Sunny and Ms. Kanchan. All the facilities in the hostel are free for the students. The hostel is funded by Standard Chartered Bank. This initiative is to help them have a smooth travel and make them feel safe despite being away from home.



## World Cerebral Palsy Day



World Cerebral Palsy Day is celebrated worldwide on 6th October every year. The theme for 2022 was "Millions of Reasons", to highlight the fact that there are 17 million people suffering from Cerebral Palsy worldwide.

We at SCEH Vrindavan, also celebrated this day to increase awareness in the local population regarding this disease and services we provide for the benefit of these special children. Local health workers, Anganwadi workers and ASHA workers from Vrindavan and Mathura were invited for the occasion. Chief Guest Pandit Radhakrishna Pathak, addressed the parents of

the children with multiple disabilities and visual impairment. Members of Perkins's team, who are involved in rehabilitation of these children, engaged them in painting and fun-filled activities. The team gave awareness talks to educate about the need for early referral and needful intervention.

The program was successfully conducted under the guidance of Dr. Soveeta Rath, Ms. Sangeeta Lavanya and Mr. Rajeev Mishra. The program ended with the distribution of fruit baskets.

*" Sometimes real superheros live in the hearts of small children fighting big battles"*

- Anonymous





# Orthoptics Workshop



A hands-on workshop on Orthoptics and Binocular vision therapy was conducted from 9-11th October by the department of Pediatric ophthalmology, strabismus & neuro-ophthalmology. It was well attended by ophthalmologists from all parts of the country. The short course encompassed pre-course online lectures, didactic session and live demonstration of clinical evaluation in patients. Each candidate also had the opportunity to do a complete workup of patients and discuss management with the faculty. It ended with a formative assessment and finally concluded with the awarding of participation certificates.

## Optical Store at Saharanpur Centre

SCEH inaugurated its first optical store at Saharanpur centre on 3rd October 2022. The store is named "SCEH Opticals" and was inaugurated by our patient, Mr. Ahsan. In future, we plan to open optical outlets in all our centers including Delhi.



## Community stakeholders meeting at Badarpur Centre



ENT department at SCEH arranged a community stakeholder's meeting at the Badarpur vision centre. The meeting included local doctor's, teacher's, ASHA workers, Anganwadi workers of the area, people working in nearby NGO's and patients. The main focus was on symptoms, treatment and prevention of ENT diseases especially, ear-related problems. People were made aware of the early signs and symptoms, the importance of early intervention and the facilities we provide for the treatment of these diseases.

# DOS Awards



**Dr. Shayana Bhumla**

1st prize

Interesting Cases : Glaucoma



**Dr. Soveeta Rath**

1st prize

Interesting Cases : Neuro-Ophthalmology



**Dr. Kshiti Saruparia**

1st prize -Paper Session

Oculopasty & Ocular Oncology

## Narsing Rao Award



**Dr. Manisha Agarwal**, Head of Department, Vitreoretinal services, won the prestigious **Narsing Rao award** for best free paper in USICON 2022 and best challenging case, held at Hyderabad from 14th - 16th October. She also won the best free paper award for the study on Adjunctive Intravitreal anti-vascular endothelial growth factor and Moxifloxacin in management of Tubercular granuloma.

## Recreating glory of Jyotirgamaya

*“Tamaso ma jyotir gamaya”*

*in Sanskrit means “may the light of knowledge remove the darkness of ignorance”.*

**W**ith decades of operation, SCEH has developed more than 1000 effective cadre of Allied Ophthalmic Paramedics (AOPs) who have helped in strengthening ophthalmic service delivery. The Jyotirgamaya is synonymous with the training of AOPs. It has always been extremely lively and full of positive vibes due to these young enthusiastic women. The Jyotirgamaya premises was full of artefacts and paintings made by stakeholders to add to the positive aura. The Gurukul look of the the hospital premises is being revived by these talented women, to recreate the glory of Jyotirgamaya.





# Operation Theatre Management Workshop



A two day workshop on Operation Theatre Management was held on 29th & 30th October 2022 at SCEH by the Dept. of Glaucoma and Vision 2020. The workshop started with the lamp lighting by Dr. Umang Mathur and Dr. Suneeta Dubey. The workshop was organized with the motive to enhance the OT management skills for the partner hospitals under Vision 2020: Right to Sight INGO. A total number of 59 participants attended the workshop, out of which, 53 participants were from hospitals across India (Odisha, Karnataka, Arunachal Pradesh, Jammu & Kashmir, Jharkhand, UP, Rajasthan, Maharashtra, Gujarat etc.) and six participants were the fellow management trainees of SCEH.

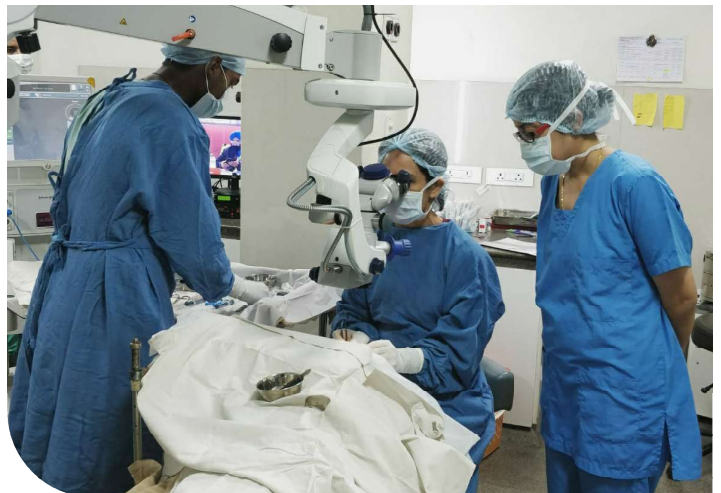
Some of the important topics covered during the workshop are:-

- ✔ Review of operation theatre building through standards & guidelines
- ✔ Infection control practices in eye care setting
- ✔ Importance of a specialised ocular microbiology laboratory for the management of hospital acquired infection
- ✔ Medical emergency (BLS/CPR) management
- ✔ Tips & tricks of operating theatre management
- ✔ Quality assurance process in ophthalmic operation theatre (OT audit, check sheet, CAPA etc.)
- ✔ OT quality indicators, data collection & validation
- ✔ The professional, standardized, and scientific management of the cssd
- ✔ International patient safety goals (IPSG)

## Live Surgery

*“Don’t forget. To be a successful surgeon, you must have the eyes of a hawk, the heart of a lion, and the hands of a lady” - Anonymous*

On 7th October 2022, Dr. Julie Pegu performed a live [Trabeculectomy surgery](#) at the 73rd DOS (Delhi Ophthalmic Society) Annual conference at Goyal Eye Institute. The team also included [Dr. Divya Rajsrinivas](#) and [Mr. Gaurav Mishra](#). This conference was well attended by many ophthalmologists from Delhi and other parts of the country. The session was very interesting, informative and very well received.



# Certificate of **Appreciation, Alwar**



**Mr. Rohitash ORP**

(Value of Passion)

Extreme dedication towards the organization, hardworking & puts extra effort to fulfill patient care needs.



**Ms. Anju Rani ORP**

(Value of Passion)

Put's extra efforts to enroll patients for surgery



**Ms. Kavita Gurjar**

(Value of Passion)

Good work in holding IOLs/Lenses Inventory stock & Reporting



**Ms. Reshu Sharma**

(Value of Patient First)

Dedicated toward patients



**Mr. Anil Kumar**

(Value of Excellence)

Given the best performer award in guiding the team in the absence of the Senior

## World **Anaesthesia Day**

**16**<sup>th</sup> October is celebrated all over as World Anaesthesia Day to mark the first successful demonstration of anesthesia by **WTG Morton at ETHER DOME, M G Hospital in Boston, USA.**

This event is truly extraordinary, an example that aligns with the definition of Quality and the right person doing the right thing in the right way to get the right result. No one can dare to do what WTG Morton did in those days. This event is extraordinary as it celebrates the discovery of anesthesia which made it possible for patients to undergo surgical procedures without any physical pain. The speciality of anesthesia has progressed to be an indispensable part of any modern hospital or most healthcare plans that involve surgery, critical care or pain management.

From gas man to pain specialist, critical care provider, difficult airway or vascular access provider to finally a perioperative physician who works in a holistic manner using cutting edge technology, knowledge and skills, the anesthetist is finally a Rambo who is used to multitasking as a matter of routine. WAD is an opportunity to plan for a better future and leave a better legacy for the coming generations.



# Our Anaesthesia Team



*Safe Anaesthesia, Safe Surgery, Safe patient, Safe hospital.*

The Dept. of Anaesthesiology at SCEH does about 2500 cases annually under GA including patients with cardiac and other Comorbid diseases.

## Patient Story

A patient named **Mallu** came to us with cataract in both eyes. She was not able to pay for the surgery. The patient is a permanent resident **Shahjanpur, UP** currently residing with her sons at clusters of Anand Parvat. The elder son is the breadwinner in the family and does labour work. Her younger son is mentally challenged. The patient herself was not able to speak and hear. She was unable to do any work because of the cataract. She was unable to recognize the faces of her relatives. She went to many eye clinics but was turned away due to financial issues. One of the local NGO's took notice of her situation and brought her for a checkup. It was very challenging for the optometrist/vision technician to even take the vision. The patient's relative and NGO member were given extra time and were explained everything regarding the surgery. On 23/09/2022, Dr. Nikunj Patel performed the surgery. Mallu and her family members were very happy with the outcome of the surgery and went back smiling from the clinic.



## Patient Story

Mr. **Ram Prasad**, a 75-year-old male resident of **Malka Ganj**, has a family of seven to feed. He and his son Mukesh were the only earning members of the family but after the accident of his son in 2009, the families financial situation worsened & now the family is surviving on **Ram Prasad's** pension. In the camp organized in Malka Ganj, Ram Prasad was diagnosed with cataract in both eyes, which was the reason for his decreased work capacity. He was only doing vegetable segregation and was not able to go out and sell vegetables in the market to earn money. After the cataract surgery was done in the camp organized by SCEH, the patient is able to go out to sell vegetables and earn extra money for his family. His second eye is also planned for cataract surgery and through these camps, we are able to bring a ray of hope into the life of such people who can't afford surgery but their own survival & their families survival depends on how well they are able to see.



# Humans of SCEH

**I** first came to SCEH in 1996, after reading a job advertisement in the paper. At the time, Dr. Krishan Kant was in charge of the anaesthesia department. He and Dr. Sanjeev Nangia interviewed me and asked me all about medicines and machines. They asked me to work on a trial basis for a month. I was working at Khosla hospital at that time. So, I took night shifts there and came here to work in the day.



My first great experience here was when one of the sisters who used to routinely assist the anaesthesiologist, took an emergency leave. I was asked to prepare for a GA in a mastoid exploration. And just as I used to do earlier, I lay a towel on the Boyle's machine and put labels on the syringes, a practice that was not common here. Dr. Kant was so happy with my preparation that he appreciated me and made me a permanent employee. I too decided to continue, as the working hours and salary were better. Another incident that I never forget is that one time I got very sick and couldn't come to work for a few days. I was eager to join back as soon as I felt better so I came in with slightly shabby hair, as I didn't get a chance to get a haircut. One of the doctors mocked me for my hair and said I should not be allowed to work. Embarrassed, I put in my resignation. But everyone in the management came to me one by one and asked me to stay back. They said they would love for me to stay but if I decide to leave despite that, they will definitely recommend me and will help me get another job. I was very touched. And then, I stayed.

I have been here 25 years and a lot has changed. From cataract surgery without a lens to premium packages now, from doctors wearing only gowns and caps over their casual clothes, to color coded dresses now. Earlier only ENT used to have GA cases, but GA cases ophthalmology picked up only when Dr Suma Ganesh joined. I remember the youngest child we ever gave GA to, a 15 day old child, for a trab + trab surgery to be done by Dr Suneeta Dubey, and anaesthesia given by Dr. Parul. It seemed like an achievement.

What I like the most about this hospital is that our doctors are very attached to the patients, the work done is extremely ethical and of the best kind. My dream is that when I walk on the road, people look at me with respect because I work at Dr Shroff's Charity Eye Hospital. I am due to retire in the coming January but after working here for 25 years, I don't think I want to retire just yet!

- Mr. Ram Singh  
Senior Technician



Happy reading!

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