



DEWSLETTER

Dr Shroffs Charity Eye Hospital

Retinoblastoma awareness week

"No matter how big or small you think your support is, every bit helps us get closer to reaching our goal of finding a cure for childhood cancer" – Ansley Jones



retinoblastoma Like every year, awareness week was celebrated from 8th to 14th of May across the SCEH network with the idea of increasing awareness about this childhood eye cancer among all stakeholders, parents, and doctors. Retinoblastoma is a silent killer of the sight, and can only be cured if picked up in its early stages. The onus of early diagnosis or suspicion is on primary caregivers of the rural and semi-urban areas and their knowledge of referral. Hence, the need for continuous awareness amongst doctors and caregivers at all levels.

While the parent support group and the fun art and craft event at Delhi engaged the patients, parents, and with enthusiastic caregivers participation, the satellite centres were buzzing with activities and media engagements that continued beyond the week. At secondary centres, the senior consultant gave an informative speech regarding retinoblastoma to all the hospital staff and organised awareness talks at the community level. These activities were advertised in pamphlets, newspapers & media press. We hope these events and awareness drives will help us diagnose and provide timely treatment to the kids who have this deadly cancer.



Retinoblastoma Awareness week: At a glimpse



Capacity building initiative

The Ocular Oncology Team of SCEH in collaboration with Cankids at IGIMS. Patna held a capacitybuilding initiative and training workshop for the medical paramedic team providing on retinoblastoma care in the region.

Along with awareness initiatives, this will help improve access to care for RB children and obviate the need for long-distance travel for the family for treatment. The RB week activities were well covered across the network in print and online media.



Myopia Awareness Run

A three-kilometre awareness run took place around the hospital on 29th May to spread awareness about the importance of outdoor activities in children to prevent myopia which is growing into the most common eye problem in every household.

Close to 90 people participated. A run on a bright Sunday morning followed by a sumptuous breakfast. A perfect example of fitness and fun at the workplace!

Gratitude to our unsung heroes

Recently, a massive storm-ravaged parts of central Delhi, uprooting trees and weaker structures, leaving many areas of the hospital bare in a matter of twenty minutes. Fortunately, no one was hurt. But the property damage was evident. Kudos to our civil team, gardener's, administrative team, housekeeping team ,and drivers, who worked through the night to clear the debris and the after-effects of such a massive storm to make the next day as normal as possible.

Also, a big thanks to the housekeeping team, who work tirelessly behind the scenes, for the smooth functioning of the hospital.





AI-powered smart vision glasses

" Blindness is an unfortunate handicap but true vision does not require the eyes" – Helen Keller

SCEH, in partnership with Vision-Aid (an international NGO that works for the welfare of the visually impaired), hosted an event on May 17th, 2022, at SCEH premises in New Delhi to introduce smart vision glasses for the visually challenged. The provision included the the smartphones for visually impaired, and it was the first of its kind to be held in North India.

The reading function of these glasses supports several Indian languages and printed read both can The Artificial handwritten text. Intelligence and built-in navigation capabilities enable the smart vision glasses to inform the users of the of their immediate nature surroundings, obstacles. locations and, even the expression on people's they faces with whom communicating. It is the next best thing to having vision. In essence, it acts as a seeing eye and a personal assistant.

The event was very well attended despite the ongoing heat wave by the guest invitees from several other leading eye hospitals, Delhi-based NGO's, including the Rotary Club of Delhi, and a Special school representative. They got to see a live demo and experience the smart vision glasses firsthand.



Also, SCEH, in partnership with Vision-Aid India, launched a joint program to provide Smartphones to deserving individuals with vision impairment. Through this program, SCEH aims to help the community gain access to assistive technologies such as smartphones that can have a life-changing impact on their daily lives. A mobile technology-training program to familiarise users with the assistive features and the various applications available will follow the smartphone dissemination. For more information about Smart Glass. please www.shgtechnologies.com





International Nurses Day is celebrated worldwide on 12th May, the anniversary of Florence Nightingale's birth. The nursing staff at any hospital is the critical link between the doctors and patients. They are considered the backbone of a hospital whose work helps in the smooth functioning of the hospital.

also observed the day to acknowledge our nursing staff's tireless and invaluable contribution to the hospital. The event started with lamp lighting, followed by a speech from Dr. Umang Mathur and Dr. Suneeta Dubey. We at SCEH have a very fun-loving and enthusiastic nursing staff, who creatively showed a dance on hand-hygiene techniques; they also sang songs. No such celebration is complete without a cake; hence, a cake-cutting ritual was performed in the presence of Dr. Umang Mathur, Dr. Suneeta Dubey, Dr. Virender S. Sangwan, Sis. Alice, Sis. Rani, Sis. Sosamma, Sis. Parveen and many others. Different fun games and activities were conducted a week before the event day, and the winners were awarded for their achievements.





Among all other activities, the nurses performed two very knowledge-giving skits-one on needle stick injury & prevention and the other on Problem Solving by the OT nursing staff.

Coffee for a Cause ..

Coffee, it's the lifeblood that fuels the dreams of champions! - Mike Ditka

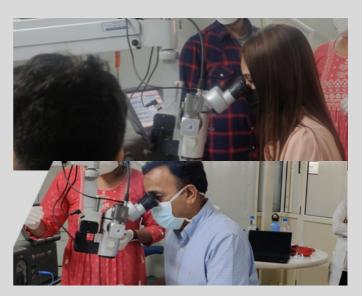
On the 18th of May, the 'coffee for cause' event organised by Cause Because was hosted by SCEH. The conversation focused on the role of corporates in improving healthcare delivery in India. The first session discussed healthcare in general and was anchored by Mr. Ranjan, co-founder of Cause Because. The second conversation focused on corporates' role in ensuring universal eye health in India. The panel consisted of Mr. Mohanty (CEO, Sightsavers India), Dr. Rishi Borah (Country Director, Orbis), and Dr. Umang Mathur (Executive Director. SCEH). with Dr. Shalinder Sabherwal as moderator. There was active participation from Mr. Kuldeep Singh (SEVA, Program Manager, India and Bangladesh) and Ms. Bidisha Dey (Executive Director, Eicher Foundation), Senior CSR representatives from Nestlé India, Jindal Stainless, Hero MotoCorp, and Brillio were present.

They admitted that the discussions made them aware of the need for universal eye care and models being used in India. Ms. Preeti Monga from Silverlinings was recognised as a thought leader, and she talked about her awe-inspiring personal and professional journey despite visual impairment



John Hopkins innovator group visit

The Innovator team from John Hopkins visited SCEH on 14th of May for a demonstration of a modified version of MSICS snare which has the potential to revolutionise the MSICS surgery. It was indeed a great experience with the group's innovation.



Phaco VR simulator

Alcon, in collaboration with SCEH, organised a hands-on training on the Phaco VR simulator known as Fidelis VR simulator on 13th of May. The session was chaired by the Alcon global head, Training and Education, Mr. Rustin Floyd, along with the Alcon Phaco development team. Sixteen surgeons from SCEH participated in the hands-on program. All applauded the phaco simulator experience.

It had extra features of viewing preloaded Phaco surgeries in virtual reality and telementoring. Participants can invite peers from anywhere in the world to join the virtual OR for remote mentoring.





Management trainees certification



The Management Trainees who completed their one-year fellowship course sponsored by Standard Chartered were certified on 18th May 2022.

SCEH Laboratory update

The Laboratory Services SCEH will now have a next-level Digital Microscopy. The latest Apple iPad 64 GB is connected to a high-tech microscope that can measure in micrometres, mark, draw function as a computer, conduct real-time Google and zoom meetings for telepathology and telemicrobiology and live slide sharing, amongst many other things. Every day, this would be used for clinical work, research, and teaching (future applications, too). The complete funding of the cost of the



complete digital microscope, training ,and installation was arranged by Dr Arpan Gandhi Head Laboratory Services SCEH Delhi and Secondary Center Labs. It is designed by two IIT Mumbai Biotech engineering graduates and

among the 20 innovations Recognised by the Prime minister of India.

Sambhav Activity Corner-5 S workshop & SPS

5S is a system for organising spaces to work in a neat and clean environment. This system primarily focuses on keeping things in their respective areas to make it easier for people to do their job without wasting time and risking injury.

SCEH organised a 5S workshop on the 2022, where 6th & 7th of May, employees from the tertiary and secondary centres participated. All the participants were divided into three groups, each with seven members. The groups were given areas within the main campus like SCEH Resources, Civil Stores .and General Registration to implement the process practically.

5S comes from a 5 Japanese terms

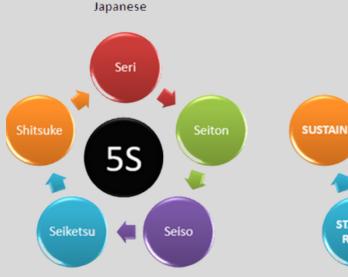
To implement 5S parameters, it is essential to the first Sort by going through the work area to determine what is important and needs to be present and what needs to be removed.

While doing this exercise, we need to remember the purpose, how frequently it is used, or whether it needs to be here. These questions will help us work smoothly.

While picking up the unimportant things in the area, we should tag them with a red flag to make them more prominent and keep track.

Once we remove all that is not required, we can then make strategies and arrange the essential items keeping in mind how frequently it is used, which section of people in the room to use the particular item and many more.

Housekeeping plays a significant role in the process of 5S. It is a process where everyone in the organisation is committed to and involved in keeping the place clean, keeping the equipment and materials clean, and ensuring the fastest accessibility of the product. Overall, 5S is a process to keep our surroundings clean and make us understand the value of everything we possess.





Structured Problem Solving (SPS) is a learned skill that helps us evaluate the problem, big or small, in a particular space and solve it in a clearer or structured way. It is more of a "thinking skill." that measures our skill of looking into a problem and our capacity to solve it in a defined way and, at the same time, enhance our analytical thinking capabilities.

The Structured Solving Workshop started last year on the 28th & 29th of October 2021, where the HR divided the participants into eight teams. Each of the groups was given different names, and the team took up various problems in the hospital space like:-

- 1. Unite for Sight Project Optimum Utilisation of OT
- **2. Project Neev** Capacity of patient handling
- **3. Project Atmnirbhar** Ratio of paid and free surgery
- **4. Project Gati** Increased Surgery postponed rate
- **5. Project Cheer Up** Unplanned leaves affect the patient experience as they put unnecessary pressure on existing staff and says the wrong precedence amongst the peer and eventually

increases the patient waiting time and creates overall unhappiness and unpleasantness that disturbs the teamwork dynamic.

- **6. Project Asha** Lengthy-indent process
- **7. Reaching the Reach** Barriers to streamlining teleconsultation services across the SCEH Vision centre system
- **8. Project Jyoti** To enhance the No. of tissues from HCRP hospital.

In the timeline of 7 months, the teams solved the problems through structured approaches like Fishbone and DMAIC.



Moreover, on 13th April 2022, all the eight teams presented their journey of solving the problem, and one of the teams that received an award for "Best Team" is team "Reaching the Reach". They were acknowledged for their outstanding effort in solving the problem of Teleconsultation services across SCEH.

In pictures: impact of Vision Centres on patient care



Kudos to the entire team who dedicatedly counselled the patients at Vision Centres, skilfully examined and treated them...A happy day for the entire team at Bhajanpura Vision Centre when a patient brought sweets as appreciation!



Door to door screening at Bhajanpura Vision Centre





Children screened at Kasganj Low vision Screening Camp, operated at Vrindavan centre



Humans of SCEH



I joined SCEH in the year 2006. I worked in the Delhi centre for four years and was then asked to shift to the village of Mohammadi, where a new centre was coming up. challenges came up, but then I was not afraid of challenges. We started the Mohammadi centre in a trucker's shop. We developed a ward and an operating complex and started surgeries. We shifted to the current location in 2014. I faced challenges with the language; being a native of Kerala, I often didn't understand the locals. At Mohammadi, I got a chance to learn Hindi better. Also, I faced some problems with the local cuisine, my dietary needs being very different from what is cooked here. But I am now getting used to it too. I still complain about too much potato in the diet on a bad day! Another challenge I faced was motion sickness. I can't travel, even up to Shahjahanpur. It makes me sick. But honestly, I don't feel the need to go out much.

People often ask me the motivation behind staying here, so far away from home and family. I don't think I am away from home and family.



Having built this OT from scratch with my two hands and nurtured it into the four OR modular complex that it is now, I think of it like my baby. With the support I get from the administration in Delhi and the love from all my girls here, this is better than home. This is home. There is nowhere else I would rather be.

I love this place with all my heart. These are my people now; it just feels right to be here.

Also, fun fact, my real name is not Jomol. It's my household name. Not many people know that my name is Mariamma Manu, but it was probably too long, so they lovingly started calling me Jomol.

 Yours Affectionately Jomol

What's around us: A peek into the Sunday book bazaar

The Sunday Book Bazaar's current location is just a fourteen-minute walk from our hospital. However, it will probably be hard to motivate our staff and doctor's to come down on a Sunday to buy books. But wait till you hear more about it. Maybe by the end of it you are convinced to make a picnic day out of it...

The Daryaganj Sunday Book Bazaar has seen its share of ups and downs. Also known as Kitab Bazaar, this market was started in 1964. The market catered to over 250 book vendors who put up pavement stalls from Daryaganj Bazaar to Netaji Subhash Marg. These vendors went house to house during the weekdays to buy used and read books from people per kilogram. And then sold them on Sundays. Daryagani not only hosted second-hand novels but bunches of children's books, colouring books, biographies, quiz books, memoirs, coffee table books, Mangas, comics, self-help, encyclopedias, books for competitive exams ,and ancient readers by obscure writers, again sold on a per kilogram basis.

It all started with a kabadi bazaar selling used clothes, sandals and furniture that was held near Jama Masjid in the walled city. In 1964, three men gate-crashed into the bazaar, set up stalls next to what is now called Kasturba Hospital, and started selling second-hand books.

After five years, the kabadi bazaar was shifted to Red Fort's backside. This area was not easily accessible and no public transport reached there, so some of the booksellers shifted to a location just below the lohe wala pul.



Gradually this little stretch extended from the lohe wala pul to Golcha cinema, then to the telephone exchange near Dilli Gate, then to Broadway hotel. It finally stretched out up to Delite Cinema.

In 2019, the North Delhi Municipal Council, declaring the area a no-hawking zone, closed down this bazaar.

Currently, the market sets up at Mahila Haat, which is situated opposite the Broadway Hotel in Chandni Chowk. It opens from 9 am to 6 pm every Sunday, and a lot of eating joints and stalls also provide a complete picnic experience to the visitors.

Compiled by the Editorial Board: Dr Umang Mathur, Dr Monica Gandhi, Dr Abha Gour, Dr Isha Chaudhari, Ms Toralli Gohain