



Dr. Shroff's Charity Eye Hospital

Caring for the community since 1922...



YEARS OF SCEH TRUST

1922 - 2022



2025

January

NEWSLETTER

#43

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**When all roads lead to one place:
SCEH@Mahakumbh 2025**

**“Sarvendriyanam Nayanam Pradhanam”
(Among all senses, the eyes are supreme)**

Editorial

Contributions by:
Mr. A. K. Singh
Mr. Joseph
Dr. Gagandeep
Dr. Manmohan Sharma

Netrakumbh 2025 is an initiative to transform eye health and help the 35 million people with visual impairments, most of which is avoidable. And what better place to provide these services than Mahakumbh 2025, world's largest gathering. With a celebration spread over 50 days and more than 63 crore devotees visiting to take a dip in the holy waters, the Mahakumbh was a perfect place to deal with avoidable blindness.

We at SCEH were honored to be a part of Netrakumbh 2025 as a part of Vision 2020 consortium. Our team of optometrists and doctors saw nearly 150 patients a day. With Netrakumbh spread over 10 blocks, SCEH saw patients out of block 5. In a four-cabin setup, the patients were screened in one room and automated refraction performed; the next two rooms were for refraction and glass prescription, and the final one for consultation by an ophthalmologist.

The most commonly encountered pathology was presbyopia and refractive error, which was easy to rectify with glasses that were available free of cost. Patients with pathologies like corneal opacity, foreign body in the eye, cataract and retinopathy also

came for consultation, with many of them getting an eye check-up for the first time ever.

With spectacles, medication and consultation available free of cost; devotees from all across the country were able to get their eye problems treated. Dr. Gagandeep, one of our ophthalmologists at Netrakumbh recalls an incident, where an old lady, who was nearly blind for many years, on hearing that she has a treatable condition called cataract, which can be cured without her having to spend a penny, burst into tears, exclaiming that her arduous trip to Kumbh was God's way of giving her vision.

Many more such stories of revelation and enlightenment are currently hidden in the hordes of people visiting Mahakumbh, and will surface once the Mela is over and the divine power has done its magic. Patients with operable conditions have been referred to tertiary care centers near them.

For some, the journey to this auspicious spot was to quench the desires of their faith, for some, it was to be a part of such a magnanimous event, but for some, it will be a second chance to life, a life where they can see.

Patients Seen

2,37,169

Spectacles
Distributed

1, 62,925

Referrals

17,083



हमारे आयुष्मान अस्पता

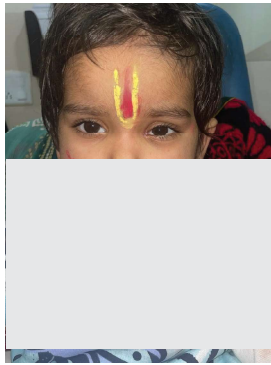
- दरियागंज (दिल्ली)
- अलवर (राजस्थान)
- लखीमपुर खीरी (उत्तर प्रदेश)
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100 Vision Centres

46 Childrens Screening Eye Care

quality eye care available

Shroff's Charity Eye Hospital
 444, 4252888
 Meerut |



"Great things in business are never done by one person; they're done by a team of people." — Steve Jobs

“ When Fun turns Fatal: A Pellet in the paediatric eye”

Patient story

Story contributed by
Dr. Chhavi Gupta Narula & Dr. Namita Kumari

This is the story of a two-year-old child whose innocent playtime took a tragic turn. While playing, her uncle, handed her a toy gun—commonly used to scare away monkeys in the Vrindavan area. Unfamiliar to her uncle, the gun was loaded with pellets. In a moment of misfortune, the child accidentally fired the gun, striking herself in the left eye.



What started as play, quickly turned into panic. The child cried out in pain as swelling developed around her eye. Her uncle,

devastated and blaming himself, along with the rest of the family, rushed her to a nearby eye hospital. However, given the complexity of the injury, she was referred to a higher center.

She arrived at our hospital in the middle of the night, a case of urgent concern. On examination, a small entry wound was seen close to the eye. A CT scan confirmed the presence of a metallic foreign body lodged very close to the eyeball. The gravity of the situation heightened the family’s distress, particularly her uncle’s overwhelming guilt.

We counselled the family about the risks and challenges involved in removing a foreign body from such a delica-

te location and also provided a psychological support to the family to ease their sufferings. With their consent, we immediately prepared for emergency surgery.

In a coordinated effort, the surgical team carefully explored the wound under general anaesthesia. Through a minimal incision, without leaving a visible scar, the foreign body was successfully removed. She also had haemorrhage in the eye, for which no intervention was advised from our retina colleague.

Breaking the news of the successful surgery to the family was a profound moment. The parents, who initially paralyzed with fear, were overcome with gratitude. Her uncle, who had been burdened with guilt, wept tears of joy. Their heartfelt appreciation for the swift and efficient care their child received was a testament to the dedication of the medical team.

Postoperatively, the child is doing remarkably well, with good vision in both eyes and no visible scarring. Pediatric injuries not only cause physical harm but also significant emotional distress for parents and caregivers. Many accidents occur due to inadvertent negligence, leading to deep-seated guilt and anxiety. It is crucial to provide psychological support to families in such situations.



“The best way to find yourself is to lose yourself in the service of others” – Mahatma Gandhi



People often question me on how I am always smiling? What can I say? It’s the happiness of doing what I always dreamt of doing...Serving people.

ailments, and going back home happy, influenced me to do something in the medical field.

After completing my nursing course, my first job was in the COVID ward in a government hospital. While most people were scared to be in touch with patients, I was proud to be doing something big. I only worried for my mother’s health.

Even today, working at SCEH, gives me immense pleasure. I like being here and interacting with patients and people, but someday I want to travel the world. I want to work outside India as well and experience living in another country. But for now I will stay put and be on my mother’s side.

I was very young when my father passed away. My elder brother dropped out of school to provide for the family. Even though he was just a few years older to me, he became a father figure for my siblings and me. Five years ago we lost him as well. When I lost my father, I was too young to feel too much, but losing my brother shook my world. From then on, all I wanted to do was to make my mother proud and care for her and the rest of my family.

I always wanted to be a nurse. My aunt, who is a nurse too, was my inspiration. The respect she got in the family, the stories she would tell about patients coming in with pain and

For all the people who aspire to be in healthcare, I only say: be gentle and considerate...all patients deserve to be taken care of.

Human of SCEH

Rahul Varun
Nursing Staff
SCEH OT - Delhi



The 27th Vision Center (VC) at Mohammadi, 18th VC in Mathura, and 28th in the Vrindavan region were inaugurated in the month of January.



Ms Navjot, PhD student at SCEH won the best poster award in the category “discovery of biomarkers in corneal disease” at the “**Future is here**” meeting held at LVPEI.



Sukarya

The Sukarya quarterly Certification was held to recognize and celebrate the outstanding achievements of employees who excelled as quarterly achievers. This event not only highlighted individual accomplishments but also fostered a culture of appreciation within the organization. Two staff members from the Patient Care

Department, Ms. Rakhi and Ms. Sonia, were awarded for completing nine Sukarya's, showcasing the best performance in the group. During the upcoming quarter, we will be launching **Thematic** Sukarya, focusing on enhancing customer satisfaction—both for patients and employee.



SCEH in collaboration with Eyeonic Pvt Ltd and the Australian Government hosted a session on the Eyeonic Perimeter—a game-changer in online perimetry. With its machine-independent technology, it works on any computer or tablet, is patient-friendly, and can even be done at home. SCEH will be piloting and implementing this machine in the community setting thanks to the opportunity given to us by Ms. Pardip Grewal (NHS), Mr. Rod Millet (Eyeonic), and Ms. Suhita Pant (Australian Trade & Investment Commission).



SCEH in collaboration with the Lt. Colonel Nitin Bhatia Memorial Trust and the Sashastra Seema Bal organized a free cataract medical camp in a village deep within the forests of Chandan Chowki. The camp provided high-quality eye care services to 220 patients, 43 of whom were diagnosed with cataracts and received free surgeries and medication. Ten patients requiring specialized were transported to the hospital for further treatment.



SCEH conducted the *Glaucoma specialty AIOS FAICO examination* for **16** candidates.



The *Mohammadi microbiology lab* crossed **20,000** samples in the month of January, **32** months since its inception.



Happy reading!

Dr. Shroff's Charity Eye Hospital

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Delhi | Alwar | Mohammadi | Meerut | Modinagar | Ranikhet | Saharanpur | Vrindavan

The silent sighs



*Sitting in a hustling room
He seemed like he had never been loner,
With passerby's glancing at his oozing eye,
But no one wanting to stop to ask why?*

*His better eye searching for a familiar face,
Or rather just a kind face,
Who would just stop to talk,
As he had many unanswered questions...*

*It was just a few days back,
When he was all hale and hearty,
And the next day his eye was red and painful,
And he couldn't understand why..*

*The doctor in his village packed him off with tablets in a
paper,
And eyedrops that cost a million,
His eye didn't seem anywhere near resolution...*

*A village eye camp next day brought took him to a hospital,
And told him of a need for a surgery that's major,
But without assurance that the eye will be out of danger,*

*So many questions,
So many doubts,
Not a soul around to quench his shouts,*

*The moment for surgery had now arrived,
There was pain and store and patience was the need,
The lonely path, the lonely tunnel,
The end of which, hopefully has light...*

